



COMPASSIONATE
THERAPY & TRAINING
CENTRE

Educate : Inspire : Empower
www.compassionate-therapy.net.au



Penny and Mary

HANDLE Introductory Courses Levels 1 and 2 condensed

HANDLE®

How does it help life and learning to be easier?

Course Information Pack

: Educating You :

During the course, tasks/activities are highlighted - at school, work, home and at play - that are challenging for some children and adults, too; new insight is presented about the root causes of neurodevelopmental and learning challenges.

: Inspiring You :

We share stories of hope and help from our clinical experiences with hundreds of people. See yourself and others' individual differences from a new interactive model.

: Empowering You :

The course offers you - parents, teachers, and therapists - tools and confidence to support development, learning and participation within the home, school, community and care settings.

Levels 1 and 2 condensed

2 days, 9:00am-5:30pm

Visit our website for dates, location and registration fees.

"I have learned to be more peaceful and calm within myself, being a lot happier all round. This has in turn positively influenced my 14 year old daughter, Indianna whom has complete Agenesis of the Corpus Callosum. Indianna has become more peaceful, calm and happier too. I highly recommend anyone seeking happiness for themselves and their family to try HANDLE. Mary and Penny are a wealth of understanding and knowledge."

Leanne Sutton

Who's invited:

Anyone who wants to enhance their own potential, experience life with less stress and more ease. And those who support individuals of all ages including: parents, caregivers, family, support workers, aged care workers, play facilitators, counsellors, administrators, educators, pedagogues, health care and allied health therapists, and change-makers.



*Judith Bluestone,
founder of HANDLE*

What is HANDLE?

HANDLE® (Holistic Approach to NeuroDevelopment and Learning Efficiency) is an effective, non-drug, respectful, movement-based therapy. The HANDLE approach incorporates research and techniques from medicine, rehabilitation, psychology, education and nutrition. HANDLE is for people of all ages who experience obstacles to functioning in life and learning. Read more here: <http://compassionate-therapy.net.au/what-is-handle/> or visit www.handle.org

'Helping extraordinary people of all ages do ordinary things.'



Instructor:

Mary E. Robson,
Certified HANDLE Practitioner and Instructor

Mary Robson is the Co-Director of Compassionate Therapy and Training Centre based in Castlemaine, Victoria, Australia. Mary earned a Bachelor's Degree in Health Sciences from Boston University and a Teaching Credential from Dominican College. She achieved certification as a Practitioner and Instructor from The HANDLE Institute in 2002, where she studied and worked side by side with the founder, Judith Bluestone, for over five years. She is currently the Board President and Asia Pacific Regional Education Director for The HANDLE Institute. In her career she has worked with well over a thousand individuals and families in group home, educational, and clinical settings, in several countries worldwide.

To register send: penny@compassionate-therapy.net.au or Call Penny 0448 191 542

Level 1 and Level 2 condensed*

Open to all, prerequisite for Level 3.

**Please note this is two courses condensed from three into two days.*

100% attendance required for Certificate

Course Objectives are to foster in participants the ability to:

- Begin to view neurodevelopment from a new model of interactive and interdependent functioning, a model which enables a nonjudgmental approach to individual differences,
- Be able to recognise subtle signs of stress, in order to individualise task challenges appropriately,
- Understand how social and academic behaviours and developmental histories provide information about neurodevelopmental dysfunctions,
- Become familiar with an array of HANDLE activities that may be used with groups or one-on-one to enhance learning and functioning at any age,
- Understand how neurodevelopmental functions interact either to facilitate or to impair learning and interpersonal behaviours,
- Learn methods with which to identify neurodevelopmental systems that require therapeutic intervention, and
- Recognise factors involved in processing sensory input in order for a response to occur.



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Learning Outcomes:

- The foundations of the HANDLE approach
 - Considers internal and external environments,
 - Incorporates knowledge from many disciplines,
 - Provides a set of guiding principles rather than a specific technique,
 - Values the way respect influences learning and embody non judgement,
 - Views behaviours as communication,
 - Understands that neuroplasticity is a life-long process,
 - Recognises the importance of patterned organised movement,
 - Takes into account nutrition and how one's internal environment affects it,
 - Addresses all forms of learning: academic, language, motor, social, etc,
 - Acknowledges the value of mental rehearsal, and
 - Employs Gentle Enhancement® in evaluation sessions and treatment alike (services and trainings).



- Brief overview of the brain, the nervous systems, and the cranial nerves;
- Sensory-Motor Interdependency and Interaction chart;
- The sensory-motor systems: how each system works, and how they work together and support each other;
- How it looks when these systems are disrupted, disorganised or inefficient;
- The hierarchical processing modalities of the brain, and how it looks when these aren't functioning efficiently;
- The factors involved in processing sensory input in order for a response to occur; and
- HANDLE activities to enhance learning, functioning, and efficiency and how to adapt them to varying abilities and situations.

TERMS AND CONDITIONS before enrolment:

General Policy:

Registration fee includes course materials, tools and healthy refreshments. Minimum of 12 students need to be registered 3 weeks for the course to proceed. The organisers reserve the right to cancel or reschedule the event if insufficient registrations are received. All enrolments are on a first-come-first-served basis. Please make sure all your information is accurate. Payment should be made in full before the course dates listed above. Once the enrolment is completed and fees are paid and confirmed, registration is transferable and non-refundable.

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